

Musculoskeletal, Womens' & Mens' Health, Paediatrics, Community Physiotherapy

Referral framework

All referrals are to include information below.

During normal working hours, contact can Dubbo Physiotherapy Department to discuss any referrals.

Send referral to...

Dubbo - Send referral via Argus to

WNSWLHD-ccdubcapac@health.nsw.gov.au or

Fax referral to (02) 6881 6569

Name of clinical condition / presentation

- Musculoskeletal
- Women's & Men's Health
- Paediatrics
- Community Physiotherapy

Referral information required

- Referral Date
- Patient Name
- Patient Contact Number
- Patient Address
- DOB
- MRN
- Name of Referring GP

Indications for Musculoskeletal Physiotherapy Referral

- Condition of patient being referred
- Location of treatment;
Head, Neck, Back, Shoulder, Elbow, Wrist, Hand, Hip, Knee, Ankle, Foot, Other:

(Please note the Physiotherapist will only be able to treat one clinical area per referral)

- History of condition;
 - Time since onset
 - How; *Trauma, Degenerative, Post-Surgical*
 - Other relevant Information
 - Symptoms: *Pain, stiffness, Decreased ROM, Other information*
 - Other current and/or previous management of this condition: *Corticosteroid injection, Podiatry, Occupational Therapy, Dietician, Counselling, Surgery, Specialist Referral, Medications, Other*
 - Imaging and results: *X-ray, US, Pathology, MRI, CT, Other, Results*
 - Past Medical History
 - Medications
 - Other Relevant Information

Indications for Womens' & Mens' Health Physiotherapy Referral

- Incontinence: *Urinary, Faecal/Flatal*
- Type: *Stress, Urgency, Frequency*
- Pelvic organ prolapse, Antenatal or Postnatal pelvic floor assessment
- Perineal tear – 2, 3a, 3b, 3c, 4
- Pregnancy related disorders; low back pain, pelvic girdle pain
- Rectus diastasis
Gynaecological surgery; Type & date
- Prostrate surgery; Type & date
- Sexual dysfunction
- Other

Indications for Paediatric Physiotherapy Referral

- Torticollis/plagiocephaly
- Hip dysplasia – *Brace required, U/S results*
- Talipes
- Toe walking: *In-toeing, Out-toeing*
- Gross motor assessment
- Other

Indications for Community Physiotherapy

- Patients who will have difficulty accessing treatment at the Hospital ie. due to mobility issues
- Must live within approx. 15km radius of the hospital
- Older patients who would benefit from mobility assessment / exercise in their own home environment
- Patients who are at risk of re-admission or need preventative care to stay healthy in the home

'Red Flag' items

If "red flag" items are discovered on assessment, the patient will either be referred back to the GP or sent to the Dubbo ED

